

Programme Project Report (PPR)

(Master of Arts in Home Science)

Programmes mission & objectives

Home Science is an interdisciplinary field that is related to both the fields of arts and science. The mission of this programme is to guide learners and provide them ample opportunities for a career or vocation in future life related to different fields of Home Science.

Objective:

- Home science education prepares youth for the greatest of all vocation - Home Making. It orients young girls and boys for several professions like teaching, nursing, dietetics, research, welfare, management, art application, extension work and communication. It provides an expertise to the students in the specific vocation related to different branches of this field selected by the student.
- It provides opportunities to students to identify themselves in their own family, community and nation through identifying their responsibilities, roles and resources.

Relevance of the program with HEI's Mission and Goals:

As higher education focuses on developing the learner's skills and perspectives and prepares them for their careers, be it in academia, research, or the application of advanced, specialized knowledge. This programme aims at providing opportunity to provide access to qualitative higher education at the lowest possible cost. Masters programme in Home Sciences provides quality and practical oriented education to learners through various learning aids like Self instructional learning material, video lectures, radio programmes etc. and targets to reach student at even distant places of Uttarakhand which is predominantly a hilly state. It aims at skill development of students in diverse areas of vocations of Home science (food and nutrition, child development, family resource management, clothing and textiles, extension and communication). Further it provides an opportunity to the learners to pursue a higher degree after graduation which is easily available at their doorsteps through open and distance learning.

Nature of prospective target group of learners

As the eligibility for admission to MA programme in Home science is recognized bachelor's degree in Home Science (B.A. Home Science or B.Sc. Home Science). It specially focuses on learners interested in professional jobs like teachers, dietitians, researchers, social workers, designers, administrators etc. and also trains them in better home management for future. The interdisciplinary approach of home science provides access to multiple disciplines. In ODL system as mass of the learner is diversified, so MA Home science also targets rural girls and women who could not pursue higher education after their graduation due to family issues or their poor accessibility further to higher education institutes. Also it provides opportunities to people in learning new skills.

Appropriateness of programme to be conducted in Open and Distance Learning mode to acquire specific skills and competence

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At postgraduate level this programme provides extended knowledge about different dimensions of home management, child care, family resource management, clothing and textiles. Home Science is a practical science that applies in one's everyday life. Home Science education develops qualities needed for responsible citizenship. Particularly this programme will help in refining learner's knowledge about different dimensions of Home Science like importance of food in healthy living, preparation of food by retaining its nutrients and the importance of balanced diet. It gives knowledge of efficient and maximum use of resources in the family. This programme will help the learner to start self employment. Postgraduate programme in Home Science gives detailed information about fibre and fabric properties, care and application, textile designing etc. It gives an insight into food service management, clinical and therapeutic nutrition, community nutrition and housing and interior decoration. It also gives information about consumer, consumer problems and consumer rights.

Instructional Design

Detailed Syllabi: Attached at the end of the document.

Duration of the programme: Minimum 02 Years and Maximum 06 Years. The curriculum for the M.A. Home Science programme is divided into two years (04 semesters). This includes practical activities, counseling sessions etc. in addition to project work/industry internship.

Instructional delivery mechanisms: The students will be provided with self instructional material developed by Department of Home Science, Uttarakhand Open University, Haldwani.

For practical work, practical manuals developed by the department will be provided to the learners. 5-6 days workshop for students of M.A. Home science will be conducted in each semester. The workshop will include counseling sessions for students and revision of practical activities related to the curriculum.

The learning material will also be available at university website for the learners.

Audio and video lectures are also recorded by the department's faculty and will be provided to the students through radio programmes (through community radio station of UOU, Haldwani) and video lectures have also been uploaded on university's website for learner's knowledge.

The students will opt for dissertation work in fourth semester along with on the job training/internship. The students will have to opt for one option (either dissertation work or training/internship). The students opting for the dissertation work will need to follow the guidelines for dissertation as provided by the university.

Total credits of the programme: 68

Semester I		
Course Code	Course Title	Credits
MAHS-01	Food Science and Nutrition	04
MAHS-02	Child Psychology and Theories of Human Development	04

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MAHS-03	Textile Science	04
MAHS-04	Practical Based on MAHS-03	02
MAHS-05	Extension and Communication for Community Development	04
Semester II		
Course Code	Course Title	Credits
MAHS-06	Clinical and Therapeutic Nutrition	04
MAHS-07	Practical Based on MAHS-06	02
MAHS-08	Food Service Management	04
MAHS-09	Research Methodology and Statistics	04
MAHS-10	Family Resource Management and Entrepreneurship Development	04
Semester III		
Course Code	Course Title	Credits
MAHS-11	Public Health and Community Nutrition	04
MAHS-12	Life Span Development	04
MAHS-13	Apparel Designing	02
MAHS-14	Practical Based on MAHS-13	04
MAHS-15	Extension Programme Management and Sustainable Development	04
Semester IV		
Course Code	Course Title	Credits
MAHS-16	Housing and Interior Decoration	04
MAHS-17	Practical Based on MAHS-16	02
MAHS-18	Project Work/ Internship	08

Procedure for admissions, curriculum transaction and evaluation

The learner can take admission in MA programme through the study center of his/her choice. The minimum eligibility for the programme is recognized bachelor's degree in Home Science (B.A. Home Science or B.Sc. Home Science).

Fee structure:

Year	Programme fee	Project/ Internship/ Workshop fee	Exam fee	Practical	Viva-voce	Student ID card	Student welfare	Degree fee	Total Fee
1 st Sem.	₹4000	₹1000	₹600	₹500	₹500	₹50	₹100	-	₹6750
2 nd Sem.	₹4000	₹1000	₹600	₹500	₹500	-	-	-	₹6600
3 rd Sem.	₹4000	₹1000	₹600	₹500	₹500	-	-	-	₹6600
4 th Sem.	₹4000	₹1000	₹150	₹500	₹1000			₹300	₹6950
Total Programme Fee: ₹26900									

The study centers will conduct counseling sessions and practical classes as per the schedule designed by them.

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For the evaluation of learner progress, the students need to complete and submit the assignments. The assignments for each paper will be uploaded on the university's website. Learners will get it from the website and submit it offline at their respective study center. In workshop/counseling sessions organized by the department learners will also be evaluated periodically during the sessions.

Requirement of the laboratory support and Library Resources

Every year there will be practical component in this programme. Practical manual for each practical course is developed by the department which will be provided to the students along with learning material. In addition to this the practical details will also be uploaded in university's website. The practical sessions will be conducted at respective study centers and the students will make a record of those practical activities. Each semester practical sessions related to different papers will also be conducted during the 5-6 days workshop organized by the department. The final practical examination will be conducted by university collectively for all the students and all the practical activities done during the whole academic session will also be evaluated.

Reference textbooks related to BA Home Science along with the learning material developed by the department of Home Science are available at university library. Learners enrolled for the programme can avail the library facility by showing their ID cards on any working day.

Cost estimate of the programme and the provisions

S.No.	Items	Cost per unit	No. of Units	Total Cost
1.	Unit Writing	₹6000	183	₹10,98,000
2.	Unit Translation	₹3000	90(approximately 50% of total units)	₹2,70,000
3.	Unit Editing	₹3000	183	₹5,49,000
Total				₹19,17,000

Quality assurance mechanism and expected programme outcomes

The self instructional learning material will be revised time to time to update the information regarding recent changes, any new information relevant to the learners, rising need of any new skill development and any specialized new information important to the learner. The curriculum instructional design will also be revised so as to meet the need of the learners by the expert committees and board of studies of the department. The effectiveness of the programme will be monitored by number of enrollments in this programme, student's evaluation for assignment and practical activities and their participation in different activities like counseling sessions, lectures organized by the department.

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