

Programme Project Report (PPR)

Diploma in Public Health & Community Nutrition (DPHCN)

Programmes mission & objectives

The mission of this Programme is to educate and add qualification of people who are either working in this field or want to establish their carrier in fields related to public health or nutrition. This programme guide learners and provide them ample opportunities in their life for the goals of family & Community care by providing them tips of healthy nutrition and as well as opt as career or vocation in future life.

Objective:

- Diploma in Public Health & Community Nutrition prepares youth for several professions i.e. teaching, nursing, dietetics, Community welfare works etc.
- It provides the opportunities to students to identify themselves in their own family, community and nation through identifying their responsibilities, roles and resources.

Relevance of the program with HEI's Mission and Goals:

As higher education focuses on developing the learner's skills and perspectives and prepares them for their careers, be it in academia, research, or the application of advanced, specialized knowledge. This programme aims at providing opportunity to provide access to qualitative higher education at the lowest possible cost. Diploma in Public Health & Community Nutrition provides quality and practical oriented education to learners through various learning aids like Self instructional learning material, video lectures, radio programmes etc. and targets to reach student at even distant places of Uttarakhand which is predominantly a hilly state. It aims at skill development of students in diverse areas of Nutrition.

Nature of prospective target group of learners

As the eligibility of the Diploma in Public Health & Community Nutrition is Intermediate (from any stream) so it targets on the students after 10+2. The main target groups are professionals who are working in this area and they want to enhance their knowledge and qualification. In ODL system as mass of the learner is diversified, so this Diploma also targets rural girls and women who could not pursue their education due to family issues or their poor accessibility to higher education institutes. Also it provides opportunities to people in learning new skills.

Appropriateness of programme to be conducted in Open and Distance Learning mode to acquire specific skills and competence

At undergraduate level this programme provides knowledge about different aspects of Nutrition as well as community welfare. This Diploma applies in one's everyday life. Diploma in Public Health & Community Nutrition education develops qualities needed for responsible citizenship. Particularly this programme will help the learners to recognize the importance of food in healthy living, preparation of food by retaining its nutrients and the importance of balanced diet. It gives knowledge of efficient and maximum use of resources in the family. It helps one to start self employment.

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Instructional Design

Detailed Syllabi: Attached at the end of the document

Duration of the programme: Minimum 01 Year and Maximum 03 Years

Instructional delivery mechanisms: The students will be provided with self instructional material developed by Department of Home Science, Uttarakhand Open University, Haldwani.

The learning material will also be available at university website for the learners.

Audio and video lectures are also recorded by the department's faculty and will be provided to the students through radio programmes (through community radio station of UOU, Haldwani) and video lectures have also been uploaded on university's website for learner's knowledge.

Total credits of the programme: 28

Paper code	Paper title	Credit
1st Sem		
DPHCN-01	Food & Nutrition : An Introduction (आहार एवं पोषण : एक परिचय)	04
DPHCN-02	Therapeutic Nutrition (उपचारात्मक पोषण)	04
DPHCN-03	Food Hygiene and Sanitation (खाद्य स्वच्छता और सफाई)	04
DPHCN-04	Nutrition Education(पोषण शिक्षा)	04
2nd Sem		
DPHCN-05	Community Nutrition (सामुदायिक पोषण)	04
DPHCN-06	Public health (जन स्वास्थ्य)	04
DPHCN-07	National and International Programme's for Public health (जन स्वास्थ्य सम्बन्धी राष्ट्रीय एवं अंतर्राष्ट्रीय कार्यक्रम)	04

Procedure for admissions, curriculum transaction and evaluation

The learner can take admission in DPHCN Programme through the study center of his/her choice.

The minimum eligibility for the programme is 10+2/Equivalent.

Fee structure:

Year	Program me fee	Exam fee	Practical	Viva-voce	Student ID card	Student welfare	Degree fee	Total Fee
1 st Sem	Rs.2500	Rs.600			Rs.50	Rs.100	-	Rs.3250
2 nd Sem	Rs.2500	Rs.450			-	-	-	Rs.2950
Total Programme Fee: Rs. 6200								

The study centers will conduct counseling sessions as per the schedule designed by them.

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For the evaluation of learner progress, the students need to complete and submit the assignments. The assignments for each paper will be uploaded on the university's website. Learners will get it from the website and submit it offline at their respective study center.

Requirement of the laboratory support and Library Resources

Learning material (other than SILM) related to this Diploma programme is also available in University Library. Learners enrolled in the respective programme can avail the library facility in any working day by showing their I Card.

Cost estimate of the programme and the provisions

S.No.	Items	Cost per unit	No. of Units	Total Cost
1.	Unit Writing	Rs.5000	30	1,50000
Total				1,50000

Quality assurance mechanism and expected programme outcomes

The self instructional learning material will be revised time to time to update the information regarding recent changes, any new information relevant to the learners, rising need of any new skill development and any specialized new information important to the learner. The curriculum instructional design will also be revised so as to meet the need of the learners by the expert committees and board of studies of the department. The effectiveness of the programme will be monitored by number of enrollments in this programme, student's evaluation for assignment and practical activities and their participation in different activities like counseling sessions, lectures organized by the department.

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