

C418

Total Pages : 7

Roll No.

BAEL-102

Advanced Reading and Writing Skills

Bachelor of Arts (BA)

First Year Examination, 2022 (June)

Time : 2 Hours]

Max. Marks : 80

Note : This paper is of Eighty (80) marks divided into two (02) Sections A and B. Attempt the questions contained in these sections according to the detailed instructions given therein.

SECTION–A

(Long Answer Type Questions)

Note : Section 'A' contains Five (05) long answer type questions of Twenty (20) marks each. Learners are required to answer any Two (02) questions only.
(2×20=40)

1. Write an essay on any one of the following topics :
 - (a) Cultural Change during Covid -19 Epidemic.
 - (b) The Role of Social Media in a Democratic Society.

2. (a) The post of an Assistant Manager in Crystal India Limited, New Delhi has been advertised in The Times of India on January 26, 2022. Write a job application to the HR in response to the said post.
- (b) Draft a resume for the above.
3. Read the passage and answer the following questions :

While there is no denying that the world loves a winner, it is important that you recognize the signs, of stress in your behaviour and be healthy enough to enjoy your success. Stress can strike anytime, in a fashion that may leave you unaware of its presence in your life. While a certain amount of pressure is necessary for performance, it is important to be able to recognize your individual limit. For instance, there are some individuals who accept competition in a healthy fashion. There are others who collapse into weeping wrecks before an exam or on comparing marks sheets and finding that their friend has scored better.

Stress is a body reaction to any demands or changes in its internal and external environment. Whenever there is a change in the external environment such as temperature, pollutants, humidity and working conditions, it leads to stress. In these days of competition when a person makes up his mind to surpass what has been achieved by others, leading to an imbalance between demands and resources, it causes psychosocial stress. It is a part and parcel of everyday life.

Stress has a different meaning, depending on the stage of life you are in. The loss of a toy or a reprimand from the parents might create a stress shock in a child. An adolescent who fails an examination may feel as if everything has been lost and life has no further meaning. In an adult the loss of his or her companion, job or professional failure may appear as if there is nothing more to be achieved.

Such signs appear in the attitude and behaviour of the individual, as muscle tension in various parts of the body, palpitation and high blood pressure, indigestion and hyperacidity. Ultimately the result is self-destructive behaviour such as eating and drinking too much, smoking excessively, relying on tranquilisers. There are other signs of stress such as trembling, shaking, nervous blinking, dryness of throat and mouth and difficulty in swallowing.

The professional under stress behaves as if he is a perfectionist. It leads to depression, lethargy and weakness. Periodic mood shifts also indicate the stress status of the students, executives and professionals.

In a study sponsored by World Health Organization and carried out by Harvard School of Public Health, the global burden of diseases and injury indicated that stress diseases and accidents are going to be the major killers in 2020.

The heart disease and depression both stress diseases are going to rank first and second in 2020. Road traffic accidents are going to be the third-largest killers. These accidents are

also an indicator of psychosocial stress in a fast-moving society. Other stress diseases like ulcers, hypertension and sleeplessness have assumed epidemic proportions in modern societies.

A person under stress reacts in different ways and the common ones are flight, fight and flee depending upon the nature of the stress and capabilities of the person. The three responses can be elegantly chosen to cope with the stress so that stress does not damage the system and become distressed.

When stress crosses the limit, peculiar to an individual, it lowers his performance capacity. Frequent crossings of the limit may result in chronic fatigue in which a person feels lethargic, disinterested and is not easily motivated to achieve anything. This may make the person mentally undecided, confused and accident-prone as well. Sudden exposure of unnerving stress may also result in a loss of memory.

Diet, massage, food supplements, herbal medicines, hobbies, relaxation techniques and dance movements are excellent stress busters. ($2\frac{1}{2} \times 5 = 12\frac{1}{2}$)

- (a) (i) What is stress? What factors lead to stress?
- (ii) What are the signs by which a person can know that he is under stress?
- (iii) What are the different diseases a person gets due to stress?

- (iv) Give any two examples of stress busters.
- (v) How does a person react under stress?
- (b) Which words in the above passage mean the same as the following? (2½×3=7½)
- (i) Fall down (Para 1)
- (ii) Rebuke (Para 3)
- (iii) Inactive (Para 9)
4. (a) Differentiate between a Oxymoron and Antithesis with examples.
- (b) Write a note on Paradox.
5. What is a Report? What are the points that one needs to keep in mind while preparing a good report?

SECTION-B
(Short Answer Type Questions)

Note : Section 'B' contains Eight (08) short answer type questions of Ten (10) marks each. Learners are required to answer any Four (04) questions only. (4×10=40)

1. Write a short note on Allegory with suitable examples.
2. Write a short note on Memorandum. Write a memorandum of your choice.

3. Write a note on "Sound Patterns" in English language.
4. Inventing necessary details, draft an agenda for a meeting.
5. You are a reporter. You have witnessed a natural disaster of flood in your area. Write a report including details about the numbers of people injured and the extent of damage caused by the flood.
6. Write a letter to the Editor of a local Newspaper, informing him about the misuse and poor maintenance of the public park in your area.
7. What are Phrasal Verbs? Write any four phrasal verbs of your choice along with their meanings and frame sentences using those phrasal verbs.
8. Fill in the blanks with suitable Phrasal verb from the list given below. (1×10=10)

Cut off, fall over, carried out, step down, go off, take over, get along, gave up, sort out, held up

- (a) The Prime Minister has decided to after 10 years in office.
- (b) We heard the bomb from the hotel where we checked in.

- (c) Large companies sometimes smaller ones.
 - (d) My brother and I very well most of the time, but occasionally we do have a fight.
 - (e) I playing football a long time ago because of a knee injury.
 - (f) Don't worry, we'll try to the problems and find a solution for everyone.
 - (g) The pavement is very icy so be careful you don't
 - (h) There have been a number of robberies, but up to now the police don't know who them
 - (i) The traffic on the motorway was by construction work.
 - (j) The energy company our electricity because we didn't pay.
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